

UNION HILL SCHOOL MOUNTAIN BIKE CLUB

11638 Colfax Hwy
Grass Valley, CA 95945
(530) 273-8456 FAX (530) 273-0152
Joe Limov, Principal

This must be completed and turned into Mr. Mertz/Mr. Thibedeau before you can participate.

_____ (student name) has my permission to participate in the Union Hill Mountain Bike Club. I understand s/he will be riding primarily at the Empire Mine State Park and at adjoining property. Occasional rides may take place on other trails TBA. The rides often begin by crossing/traversing Hwy 174 from Union Hill School.

Parent/Guardian Signature

Date

Phone Number (Home)

Work/Cell Number

My son/daughter is covered by _____ health insurance. Group # _____
(name of insurance company)

REQUIRED EQUIPMENT:

- functional mountain bike
- bicycle helmet with chinstrap
- water bottle/hydration pack

RECOMMENDED EQUIPMENT

- gloves
- multi-tool
- pump
- extra tube/patch kit
- glasses
- food/grub

- Without a functional bike, students may not ride and must be pick up promptly. Students can wait in the front office until picked up.
- Students are required to follow all applicable bike laws and the rules of the trail during club rides
- Ride times are from 3:30-4:30 on most Mondays, weather permitting. Except non-school-days
- Please pick up your student promptly at 4:30
- Transportation for students and their bikes must be provided by parents. Bikes should be locked at the bike rack if left at school for the day.
- On non-ride days (due to weather) the club will still meet to review basic bike maintenance procedures, watch mountain bike videos, and participate in trail stewardship projects.

~> Please circle your mountain biking experience:

Beginner Intermediate Expert

- **The UH Mountain Bike Club asks students for a \$20 donation/student to help with the cost of snacks, tubes, shirts, and parties.**
 - Make checks out to Union Hill School, MBC
 - Please circle the type of payment: Check Cash
 - Amount donated: _____
- **Accident waivers must be completed as well. See the back page for the waiver.**

Union Hill School Mountain Bike Club Activity Waiver

I acknowledge that the Mountain Bike Club is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to: actions of other people including, but not limited to, participants, volunteers, teachers or administrators of the event; lack of hydration, weather, and/or other natural conditions. I hereby assume all of the risks of participating in this event.

I certify that I am physically fit, have sufficiently trained for participation in this event and have not been advised otherwise by a qualified medical person.

I acknowledge that this Accident Waiver and Release of Liability (AWRL) form will be used by Union Hill School District, and the sponsors of the Mountain Bike Club program in which I may participate and it will govern my actions and responsibilities at each event.

In consideration of my application and permitting me to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, release, and discharge from any and all liability for my death, disability personal injury, property damage, property theft or actions of any kind which may hereafter accrue to me or my traveling to and from this event, THE FOLLOWING ENTITIES OR PERSONS: Union Hill School District, Union Hill School, employees of the school district, employees of the Mountain Bike Club program, and their directors, officers, employees, volunteers, representatives and agents, the event sponsors and event volunteers, (B) indemnify and hold harmless all entities or persons mentioned in this paragraph from any and all liabilities or claims made by other individuals or entities as a result of my actions during this event.

This AWRL shall be construed broadly to provide a release and waiver to the maximum extent permissible under the applicable law.

I hereby certify that I have read this document and I understand its content.

Student Signature

Parent Signature

Date